

SPORTS MEDICINE CENTER



Connecting Athletes & Coaches to Certified Athletic Trainers

Healthy Roster is a FREE mobile app/website program connecting **athletes and parents** from **Real Colorado Soccer Club** with their **Certified** Athletic Trainers from Children's Hospital Colorado, **Gregg Brueck and Nicholas Cole at Real Colorado South and Heather Nosky at Real Colorado North.**

When you are injured playing sports, help is one tap away!



HEALTHY ROSTER Mobile App Includes

- + Access to an Athletic Trainer via Chat, Voice or Video
- + Injury Tracking and Updates
- + HIPAA Compliant - Safe & Secure

If you have not signed up for Healthy Roster, please contact your Children's Hospital Colorado athletic trainer for an invite email to get started using Healthy Roster,

For Real Colorado South, contact **Gregg Brueck** at gregg.brueck@childrenscolorado.org or **Nicholas Cole** at nicholas.cole@childrenscolorado.net. For Real Colorado North contact **Heather Nosky** at heather.nosky@childrenscolorado.net

HEALTHY ROSTER

HEALTHYROSTER.COM

